

# IMPACT STATEMENT: Acquired Brain Injury Community Support Research

## AT A GLANCE:

**INVESTIGATORS:** Heidi Muenchberger PhD  
Elizabeth Kendall PhD  
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Griffith University, School of Human Services and Social Work, and ABIOS and STEPS Manager

**PERIOD OF STUDY:** 2006-present

**GRANTING BODIES:** Princess Alexandra Hospital, Brisbane

### AIM AND DESIGN:

The Skills To Enable People and Communities (STEPS) program is a psychosocial intervention designed to support individuals with traumatic brain injury within the community setting and achieves this through the delivery of a 6 week, 2-hour/week brain education course delivered within the local community.

### OUTCOMES TO DATE:

#### Publications arising from this study

Harrington, R., Muenchberger, H., Hazelton, R., Grffin, E., Raffell, S., Kooymans, B., Humphries, C., & Townsend, C. (2013). A Comprehensive Service System for Queenslanders with Acquired Brain Injury. Quarterly Brain Injury Services Meeting (QBISM) Group

Casebook of Exemplary Evidence-Informed Programs that Foster Community Participation After Acquired Brain Injury. Richard Volpe, University of Toronto, Chapter 3, November 2011- Revised April 2012.

Muenchberger, H., Kendall, E., Kennedy, A., and Charker, J. (2011). Living with brain injury in the community: Outcomes from a community-based self-management support (CB-SMS) programme in Australia. *Brain Injury*; 25 (1):23-34.

Turner, B., Kennedy, A., Kendall, M., and Muenchberger, H. (2013). Supporting the growth of peer-professional workforces in healthcare settings: an evaluation of a targeted training approach for volunteer leaders of the STEPS program. *Disability and Rehabilitation*; 36 (14).

The research evaluation has resulted in psycho-social needs being routinely incorporated into rehabilitation programs for brain injury.

